



A DAY TRIP FOR FREE SPIRITS

MORNING MEMORIES

Take NJ Transit or rent a zip car and head to Metuchen. You're just an hour away!

Market Mornings

Start your day early at the **Metuchen Farmers Market**. Open Saturdays from 9am – 2pm (starting June 10). Local vendors carry everything from fresh produce to baked goods to artisanal products. Plus listen to local musicians while you shop!

Didn't find everything you were looking for at the farmer's market? Check out **Stults Farm** Farmstand for homegrown berries, veggies, honey, and more.

AFTERNOON ADVENTURES

Stop by a Middlesex County park to fuel up and get active.

Plan a Picnic

Looking for a place to relax and sample your farmers market loot?

Donaldson Park offers picnic areas, sports fields and a playground – if you're looking to let out your inner child, we won't judge!

Roosevelt Park is another great option for a picnic and some lakeside scenery. You can even try out the lakeside **rollerskating rink**.

Healthy Girl Walk

Ireland Brook Trail offers short and long trails throughout the 500-acre conservation area of rushing brooks and meadows. This tranquil spot is perfect if you're looking for a relaxing hike!

If you're looking to spot some wildlife, try **Tamarack Hollow Preserve**. Both spots are great for birdwatching!

EVENING EXCURSIONS

Round out your adventure with dinner and a view.

Dinner

If you're heading home soon, stop by Metuchen for a bite to eat before you leave. We recommend stopping by **Mangia Toscano** for dinner – you'll love the authentic (and delicious!) Italian cuisine.

For a classic, American upscale experience in a charming, historic location, head over to **Metuchen Inn**.

Whether you're craving pizza, Thai, Greek or sushi – **Downtown Metuchen** has plenty of options and you can't go wrong at any of them.

But for authentic and endless South Asian cuisine, we recommend hopping over to **Oak Tree Road** in neighboring Edison, often affectionately called "Little India."

Don't want to go home?

Looking to extend your stay for the weekend? **Cheesequake State Park** is known for its easy-to-moderate trails, remarkable scenery, and a great place for camping. Bonus tip: if you love a scenic bike route, hop on the White trail and head to Arrowpoint for striking marshland views.

